

The de Tornyay Center for Healthy Aging

Advancing the science and practice of healthy aging through its support of innovations in research, education, and healthcare.



20% of the US population is expected to be over 65 by 2030¹



80% of older adults have at least one chronic condition²



5% of nurses in Washington State specialize in gerontology³

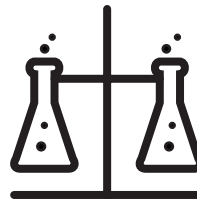
The de Tornyay Center promotes pathways to healthy aging in four key ways:



FOSTERING PARTNERSHIPS with community and international organizations



SUPPORTING the training of a **NURSING WORKFORCE** knowledgeable about older adults



FUNDING and **PROMOTING** healthy aging related nursing **RESEARCH**



MENTORING and **SUPPORTING STUDENTS** interested in working with older adults

1. US Census Bureau. (2018). Older People Projected to Outnumber Children. 2. National Council on Aging. Healthy Aging Facts.

3. Skillman, S., Stubbs, B., Aragon, S. (2018) Washington State's Registered Nurse Workforce: Results of a 2018 Survey. University of Washington Center for Health Workforce Studies.

The center supports innovative healthy aging research across a diverse set of topics from physical and cognitive health to caregiving and population level trends.



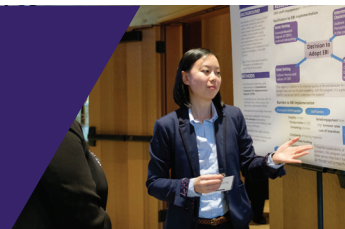
Over **\$150,000** in faculty pilot grants awarded to date

COMMUNITY PARTNERSHIPS

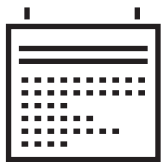
- The center supports and promotes community activities and events that advocate for healthy aging, age-friendly communities and quality health care systems for older adults.
- Researchers affiliated with the center present in local retirement communities, engaging residents on healthy aging topics ranging from nutrition to sleep and caregiving.
- Center staff write monthly articles in NW Primetime, a local newspaper targeted toward older adults with a circulation of 50,000.
- Students collaborate with community organizations on aging-related projects.

Over **140** student scholarships awarded

The de Tornay Center prepares the next generation of nurse leaders and researchers to further the science of healthy aging and deliver evidence-based compassionate health care to every older adult.

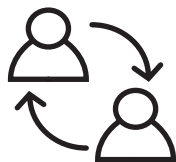


HOW TO GET INVOLVED



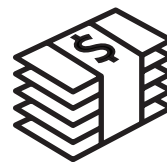
ATTEND OUR EVENTS

including our annual Ignite Aging and quarterly journal club



COLLABORATE WITH THE CENTER

if you are part of a community organization



APPLY FOR FUNDING AND SCHOLARSHIPS

if you are faculty or a student at the UW School of Nursing




SUPPORT BY GIVING A GIFT

and help the advancement of healthy aging research

Learn More

 agingcenter.org

 facebook.com/deTornyayCenter

 agingctr@uw.edu

RHEBA DE TORNYAY served as dean of the University of Washington School of Nursing between 1975 and 1986. Dr. de Tornay made long-lasting contributions to the fields of nursing and gerontology. Under her leadership, the UW School of Nursing was named the number one school of nursing in the nation. The school continues to be a consistently top-ranked nursing school.

