

Established in 1998 with a gift from Drs. Rheba and Rudy de Tornyay, the de Tornyay Center serves as a catalyst for healthy aging through support of research, education, and clinical practice. Dr. de Tornyay was a nursing pioneer and advocated for aging issues. The de Tornyay Center is dedicated to addressing and embracing the changing needs of our population, building robust pathways to healthy aging that are supported by innovative nursing research and a nursing workforce knowledgeable about older adults.



**CURRICULAR INNOVATIONS IN HIGHER EDUCATION AND COMMUNITY-BASED PROGRAMS**

- Advances gerontological nursing education by developing curricular innovations that support the training of a future nursing workforce.
- Partners to develop innovative interventions with groups such as:
  - Northwest Geriatrics Workforce Enhancement Center
  - UW Osher Lifelong Learning Institute
  - UW School of Pharmacy Plein Center



**Healthy Aging**

**COMMUNITY-BASED PARTNERSHIPS AND INTERNATIONAL COLLABORATIONS**



UW students meeting with faculty from U of Freiburg. Picture drawn by Lalipat Phianhasin, PhD Student



The de Tornyay Center director, staff, and pre-doctoral scholar at the Memory Hub, Seattle

- Committed to promoting healthy aging and age-friendly communities by engaging with the community and supporting community activities
- Annual Ignite Aging Symposium
- Global partnerships for aging-related research and education:

University of Freiburg Karolinska Institute Mahidol University



Sharing History through Active Reminiscence and Photo-Imagery (SHARP), a culturally engaging program for older African Americans with ties to Seattle

UW School of Nursing students with SHARP developer Dr. Raina Croff

**BUILDING AND PROMOTING NURSING SCIENCE**

- Advances knowledge and practice in gerontology
- \$238,000+ in Faculty Pilot Grants related to healthy aging
- Supports and encourages research that addresses gaps in knowledge related to aging



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Behavioral Change Factors and Retention in Web-Based Interventions for Informal Caregivers of People Living With Dementia: Scoping Review

Kuan-Ching Wu, BSN, Yan Su, BSN, MS, PhD, [...], and Oleg Zaslavsky, MHA, PhD

Original research  
Association of imbalance between job workload and functional ability with return to work in ARDS survivors

Han Su, Ramona O Hopkins, Biren B Kamdar, Susanne May, Victor D Dinglas, Kurt L Johnson, Megan Hosey, Catherine L Hough, Dale M Needham, Hilaire J Thompson

Article

The Feasibility and Acceptability of In-Home Saliva Collection for Stress in Persons With Dementia and Their Family Caregivers

Azita Emami, PhD, RN, FAAN<sup>1,2</sup>, Helena Hallinder, MS, OT<sup>2</sup>, Tóres Theorell, PhD, MD<sup>3,4</sup>, Hyejin Kim, PhD, RN<sup>5</sup>, and Gabriella Engström, PhD, RN<sup>6</sup>



Special Issue: Nursing Science Interventions in Aging: Original Research Article

Engaging With Aging: A Qualitative Study of Age-Related Changes and Adaptations

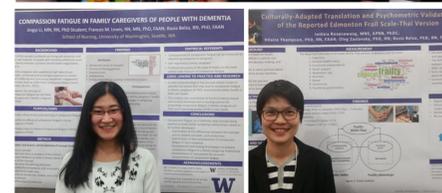
Shaoqing Ge, PhD, MPH, RN, Kuan-Ching Wu, BSN, RN, Hillary Frey, BSN, RN, Maryam Saudagaran, BSN, RN, Derick Welsh, BS, Janet Primomo, PhD, RN, and Basia Belza, PhD, RN, FAAN, FGSA<sup>1</sup>



Dr. Zaslavsky at the Ignite Aging Symposium

Examples of publications authored by SoN students and faculty supported by the de Tornyay Center

**MENTORING NURSING STUDENTS AND TRAINEES**



de Tornyay Center's undergraduate scholars, graduate scholars, and mentors presenting at research conferences

- Empowers the next generation of nurse leaders
- Funded 165+ undergraduate and graduate students to investigate critical challenges in healthy aging
- Funds travel and registration scholarships for students to present research at conferences, promoting innovation and impact

