

University of Washington  
School of Nursing  
COVID-19 Symptom Screening and Tracking Guidance/COVID-19

### Symptom Screening and Tracking

- All students should self-screen for an elevated temperature and the presence of any symptoms before going to clinical and before starting their clinical day.
  - Per the CDC, symptoms associated with COVID-19 include:
    - Cough
    - Shortness of breath or difficulty breathing
    - Or at least two of these symptoms:
      - Fever
      - Chills
      - Repeated shaking with chills
      - Muscle pain
      - Headache
      - Sore throat
      - New loss of taste or smell

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.

- If any symptoms are noted
  - Stay home.
  - Notify preceptor and clinical faculty member that you will be absent from clinical.
  - Follow <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>
- If symptoms begin during clinical day, don respirator/facemask if not already wearing, notify preceptor, clinical faculty member, and return home follow CDC guidance above.

### If you test Positive for COVID-19

- Regardless of symptoms, you must refrain from clinical education activities and follow individual institution policies for return to clinical care which may include additional testing (see CDC guidance for interim guidance, <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>).
- Notify your clinical faculty member and preceptor.