

NURSING CHILD ASSESSMENT SATELLITE TRAINING

THROUGH NCAST'S WORK, GENERATIONS OF CAREGIVERS, SERVICE PROVIDERS AND PARENTS ARE BETTER EQUIPPED TO CREATE AND MAINTAIN NURTURING, HEALTHY ENVIRONMENTS FOR YOUNG CHILDREN.

ABOUT NCAST

Nursing Child Assessment Satellite Training (NCAST) produces and develops research-based products, assessments and training programs to teach professionals, parents and other caregivers the skills to provide nurturing environments for young children.

NCAST is a self-sustaining service of the University of Washington School of Nursing and the Center for Human Development and Disability. Its programs and products are used internationally and nationally by nurses, social workers, researchers, and other service and child care providers. NCAST programs occur both in person and remotely, and address a critical variety of child development stages and situations.

NCAST clients include state, province and county health departments, community outreach programs, hospitals, clinics and universities, and various educational disciplines, such as public health nursing, social work, child care, physical and occupational therapy, psychology, psychiatry and pediatrics.

The groundbreaking work of Dr. Kathryn Barnard in the 1970s provided the foundation for NCAST's very first offering, a series of trainings based on the Parent Child Interaction Feeding and Teaching Scales (PCI). These scales continue to be the standard for measuring parent-child interaction in the United States.

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ABOUT BABYCUES CARDS

BabyCues cards are an early childhood intervention tool that help parents, nurses and other caregivers tune in to infant and young children's behavioral cues.

The set consists of 59 informative cards that illustrate and explain the behavioral cues commonly seen in infants and young children.

There is a 20-minute complementary DVD that explains how behavioral cues are often clustered around hunger or other primal needs.

Each card includes a different photo with an explanation on the back explaining what the cue might mean, along with text that gives the parent/caregiver ideas about how to interpret and respond to these cues.

To date, NCAST Programs has sold more than 6,000 decks of BabyCues cards around the world.

The 2014 edition features:

- New color photos, baby's behavior translated into understandable phrases and updated coaching tools on the reverse
- BabyCues Cards available in Spanish

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When they were developed, the PCI scales were the first clinical research level parent-child interaction assessment tools. Since then:

- The PCI has been employed in almost 100 published research studies.
- There are more than 800 NCAST Certified Instructors, representing almost every state in the U.S. and several foreign countries.
- Certified Instructors have, in turn, trained more than 20,000 health-care workers in the PCI Scales.

In the past decade, NCAST has developed more than a dozen novel family-child focused programs, including Promoting First Relationships®, which unites faculty from NCAST and the UW School of Nursing Barnard Center for Infant Mental Health to train service providers in promoting healthy relationships between parents/caregivers and children from birth to 3 years.

NCAST offers about 20 workshops annually in locations throughout the United States and recently held the 15th Biennial NCAST Programs Institute, which brings together national and international leaders in evidence-based research around parent-child relationships.

ABOUT KATHRYN BARNARD

Kathryn E. Barnard, R.N., Ph.D., is professor emeritus of the UW School of Nursing. Her research brought the ecology of early child development to clinical practice by developing scientific methods to assess behaviors of children and parents. She was at the vanguard of infant mental health research by identifying

environmental factors critical to a child's well-being and the importance of parent-child interaction as a predictor of later cognitive and language development.

Dr. Barnard is also the founder of the Barnard Center for Infant Mental Health and Development at the University of Washington.

Her pioneering work to improve the physical and mental health outcomes of infants and young children has earned her numerous honors, including the Gustav O. Leinhard Award from the Institute of Medicine, of which she is also an elected member, and, from the American Academy of Nursing, both the Episteme Award, the highest honor in nursing, and the Living Legend Award, in 2006.

ABOUT THE UW SCHOOL OF NURSING

The UW School of Nursing is one of the nation's premiere nursing schools dedicated to addressing challenges facing health care and improving the health of communities locally, regionally and globally. We work to ensure everyone has access to and receives the highest quality of health care possible.

The UW School of Nursing is dedicated to healthy living at all ages, with a mission to advance nursing science and practice by preparing future leaders to address health needs across the human lifespan in our community and globally.

