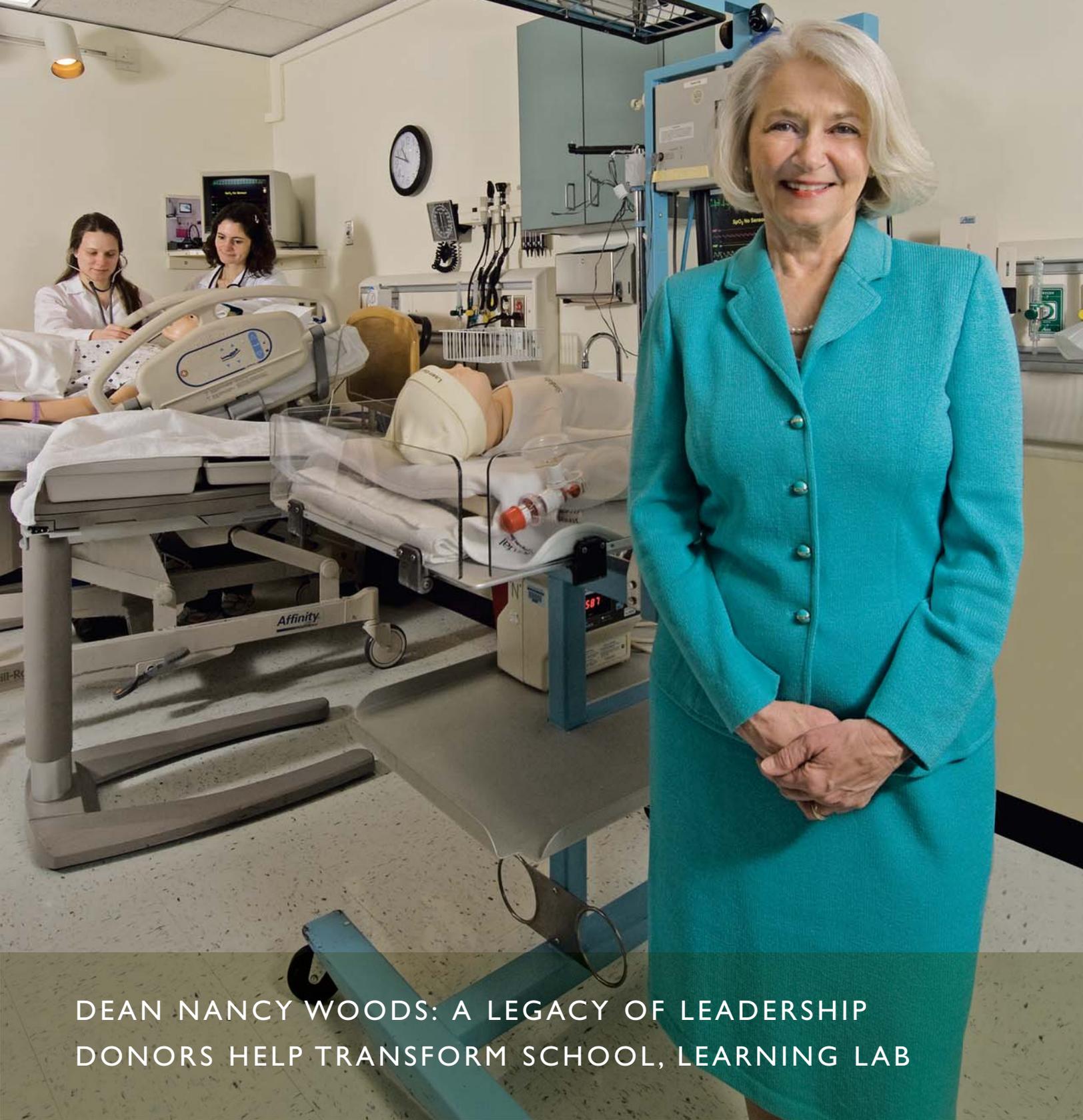


connections



DEAN NANCY WOODS: A LEGACY OF LEADERSHIP
DONORS HELP TRANSFORM SCHOOL, LEARNING LAB

Leading a Decade of Change



As many of you know, after 10 years of service as dean of the UW School of Nursing, I will pass leadership of the school

on to my successor, Dr. Marla Salmon, on Sept. 30, 2008. Following a year on sabbatical, I will return to my role as a teacher and researcher on the school's faculty.

The past decade has been a wonderful time for the School of Nursing. I have enjoyed the challenges we have faced together and now look forward to the next phase in our school's development. While visiting with alumni recently, one asked me what I was most proud of as dean.

Our school has made a significant contribution to educating new nurses in our state. In 1998, we admitted 64 BSN students each year. In 2008, we admitted 96 BSN students and 48 to the Graduate Entry in Professional Nursing program.

Our faculty also have created the first new degree program in more than 30 years. The Doctor of Nursing Practice program prepares advanced practice nurses to deliver health services in a variety of specialty areas, lead change in health care and contribute to the use of the best evidence to guide practice. As the shortage of nurses deepens, our

efforts to educate future faculty in our DNP and PhD programs have become critical.

Increasingly, we are reaching nurses around the state with our technology-enhanced distance-learning pedagogy. We also are enjoying the newly remodeled learning lab, as we introduce this new pedagogy to undergraduate and graduate programs.

I AM PROUD OF THE LEGACY WE HAVE CREATED AND OPTIMISTIC ABOUT THE NEXT DECADE. THANK YOU FOR ALL YOU HAVE CONTRIBUTED TO THE SCHOOL OF NURSING.

Our faculty research aims to solve the most challenging problems in health care. Our studies span health promotion and critical care to end-of-life services. Our collaborative efforts to develop and staff the Providence Everett Healthcare Clinic have created a model service in which nurse practitioners care for people who would not have access to health care without us.

Our global health efforts have now provided more than 300 students the opportunity to study in another country, with one-third of our undergraduates having an international experience. Our faculty are increasingly influencing nursing on a global scale.

We have the most diverse undergraduate student body on the campus. Our faculty has become more diverse in

nearly every way imaginable, creating a wonderful community with many points of view. We are a work in progress.

The school is on firmer fiscal ground, with the endowment up more than fourfold from a decade ago, and the addition of 49 new scholarships and fellowships for students and 12 new endowed faculty professorships, including an endowed chair and an endowed

deanship. Our remarkable success in fund raising, which we achieved together with our many community partners and individual donors, is highlighted in this issue.

I am proud of the legacy we have created and optimistic about the next decade under Dr. Salmon's leadership. Thank you for all you have contributed to the School of Nursing. It has been a privilege leading this outstanding school.

A handwritten signature in cursive script that reads "Nancy Woods".

NANCY WOODS, PHD, RN, FAAN
*Robert G. and Jean A. Reid
Endowed Dean in Nursing
Professor, Family and Child Nursing*

connections

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Dean-designate Marla Salmon Brings National, Global Expertise

Emory University's loss is the University of Washington's gain this fall as Marla E. Salmon joins the School of Nursing as dean. For the past nine years, Salmon has served as dean of the Nell Hodgson Woodruff School of Nursing at Emory University.

Salmon brings with her an impressive list of credentials in academia and public administration. She is a professor in nursing and in public health, an expert in health policy and administration, and has served as the chair of the Global Advisory Group on Nursing and Midwifery for the World Health Organization. From 1991 to 1997, she held the title of the nation's "head nurse" as director of the nursing division of the U.S. Department of Health and Human Services.

"Marla Salmon has outstanding leadership experience in nursing, education, practice and research," says Phyllis M. Wise, provost and executive vice president of the University of Washington. "She is dedicated to the field of nursing. We're looking forward to having her lead our School of Nursing, which already enjoys an international reputation for its excellence."

During her tenure as dean of the nursing school at Emory, Salmon also has been professor of health policy and management, and director of the Lillian Carter Center of International Nursing. Under her leadership, the school increased enrollments of minority students and male faculty and students, and developed a collaborative dual undergraduate degree in conjunction with Agnes Scott College that allows

students to pursue a joint degree in undergraduate liberal arts and nursing. Prior to her current position, Salmon was professor in the School of Nursing at the University of Pennsylvania, where she also served as associate dean and director of graduate studies.

Salmon began her career as a nurse in a migrant health program, and the theme of global health has been intrinsic in her research and service since. She has been a member of the White House Task Force on Global Health Reform and, from 1997 to 2000, chaired the National Advisory Council on Nurse Education and Practice for the U.S. Department of Health and Human Services.

The School of Nursing deanship will be a Pacific Northwest homecoming of sorts for Salmon. She spent her childhood in rural Northern California and earned two bachelor's degrees from the University of Portland: a bachelor of arts in political science in 1971, and a bachelor of science in nursing in 1972. She was awarded a doctor of science from The Johns Hopkins University School of Hygiene and Public Health in 1977 and received a master of science from the University of Portland School of Nursing in 1999. She also holds honorary doctoral degrees from the University of Nebraska and the University of Portland, and studied as a Fulbright Scholar at the University of Cologne in Germany.

Salmon joins the School of Nursing on Oct. 1, 2008.

—Julie H. Case



MARLA ELIZABETH SALMON

Age: 59

Family: husband, Jerry Anderson; daughter, Jessica, and son, Matthew

Hobbies: 2nd-degree black belt in taekwondo

Current role: Dean of the Nell Hodgson Woodruff School of Nursing, Emory University, Atlanta, Ga.

Background: Born in South Dakota, raised in rural Sebastopol, Calif., with three siblings. Her father was a physician, and her mother was a nurse.

Career:

1978–86: Assistant/associate professor, University of Minnesota School of Public Health

1986–91 Associate professor/professor of public health nursing, University of North Carolina at Chapel Hill

1991–97: Known as the "nation's head nurse" in her roles with the U.S. Department of Health and Human Services

1997–99: Professor, associate dean and director of graduate studies, School of Nursing, University of Pennsylvania

\$34 million!

SoN Reaches Fund-raising Goal—And Then Some

BY JOLAYNE HOUTZ

When Campaign UW: Creating Futures began in July 2000, the School of Nursing's \$11.95 million campaign goal seemed astonishing—a gulp-inspiring stretch for a nursing school at a public university.

"I thought it was an astounding amount of money for us to raise," said Nancy Woods, the Robert G. and Jean A. Reid Endowed Dean of the UW School of Nursing.

Yet it proved to be a low bar over which the school vaulted less than four years into the campaign, prompting the school to double its goal to \$24 million.

When the campaign officially ends later this month, the school expects to have raised more than \$34 million—nearly three times its original goal.

While some UW schools and colleges raised more money overall, no other UW program has surpassed its initial fund-raising goal by so much.

"I'm stunned at peoples' generosity," Woods said. "People believe in what we do."

"There was this electricity" to the campaign that resonated with donors, said Eli Almo, co-chair of the school's Campaign Advisory Board with his wife, Rebecca. "They saw the need, and people stepped up." As the nation's No. 1 nursing school, "there's everything going for it now," he said.

In this edition of *Connections*, we look at the campaign's profound impact on the school, students and faculty.

With the support of more than 4,600 donors over eight years, the school has:

- Increased the total school endowment more than four times through both

gifts and investment management.

- Raised more than \$8 million for student support.
- Raised more than \$7 million for faculty support.
- Created 49 new endowed student scholarships and fellowships.
- Increased the number of endowed professorships fivefold, including a rare endowed deanship in nursing.
- Renovated the Center for Excellence in Nursing Education learning lab into a \$1.4 million state-of-the-art facility serving more than 600 nursing students a year.
- Offered financial assistance to about half of students who applied for aid.
- Secured \$9.54 million in private grants through the work of faculty.
- Received \$11.5 million in planned gifts in the form of bequests, new estate commitments and charitable trusts, including two future endowed professorships.
- Enjoyed one of the highest rates of alumni participation in the fund-raising campaign of any of the UW's schools, colleges or programs.

That's the big picture. But the campaign's impact can be measured in more personal ways, too.

Because of support generated by the campaign, Seattle nursing student Malaika Edwards, who was struggling to pay for school after her father's unexpected death, will graduate this month and start her career as a nurse at Harborview Medical Center.

Endowed professorships created during the campaign publicly recognized

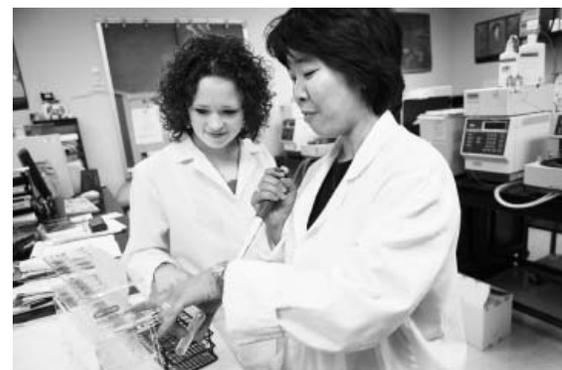
and rewarded the work of 12 of the school's faculty superstars, including Joie Whitney, a nationally known expert in wound care and healing. Funds from her professorship have supported her work in mentoring Harborview Medical Center nurses caring for some of the region's most vulnerable patients.

And the campaign's impact will be felt by the stars of tomorrow, too.

By retaining the senior faculty who serve as mentors to the next generation of nursing educators, the school aims to build a stronger system of support around its junior faculty—the very reason many new faculty members say they were drawn to the UW in the first place.

"Our donors have been amazingly generous—people who believe deeply in the value of nursing and believe in good nursing care," Woods said. "It's an investment for the future."

Read on for an in-depth look at how Campaign UW: Creating Futures is helping transform the School of Nursing.



Gifts committed during the school's eight-year campaign have made possible awards for student support, faculty professorships, and program and research funding.

creating future nurses

Student Support Opens Doors

BY JOLAYNE HOUTZ

This month, some 430 new nurses, nurse educators and nurse researchers will graduate from the UW School of Nursing.

For two soon-to-be graduates, commencement ceremonies will be especially meaningful, the fulfillment of a long-held dream in the face of obstacles and unexpected setbacks.

Both undergraduate student Malaika Edwards and master's student Julie Rose credit financial help from donors to the school's fund-raising campaign for helping them get to graduation day.

The school's eight-year campaign has raised more than \$8 million for student support, including 49 new endowed scholarships and fellowships worth more than \$2.6 million. More than \$617,000 in financial assistance was awarded to students during the 2007–08 academic year.

Without the help they received, neither Edwards nor Rose is certain she'd be looking forward to commencement ceremonies and the start of a new chapter in her nursing career.

MALAIKA EDWARDS

Just as Malaika Edwards was getting her feet under her, the floor dropped out beneath them.

Edwards had finally found her calling in nursing and was getting ready to apply to the UW School of Nursing when her father, Oliver, died of sudden cardiac arrest in 2005, leaving her reeling.

"I had finally realized what I wanted to do, and he was so excited for me," recalled Edwards, 28, who lives with her mother, Mary, in University Place, Wash.

Giving up on the dream "just wasn't an option," she said. But how would she pay for it without taking on huge student loans or becoming a burden for her mom as they adjusted to life without Edwards' father?

While working as a hospital assistant at Harborview Medical Center in 2004, Edwards fell in love with nursing. She always had been drawn to health care, and after graduating from the UW with her BS in biology, she contemplated going to medical school.

Yet the gregarious young woman found herself less excited about the idea as she watched physicians cycling quickly through patient rooms, interacting only briefly with patients.

"I love nursing because you go through all the ups and downs of [patients'] care—you kind of get to hold their hands," she said.

Edwards was accepted into the School of Nursing seven months after her father died and started the BSN program in fall 2006. She had set aside savings in preparation for returning to school, but Edwards also was depending on her parents as a financial safety net if she needed help.

Now, without that help to draw on,



Malaika Edwards with Roger and Annette Reiger, who created the E. Annette Reiger Scholarship Fund to support African American nursing students.

Edwards was juggling a full-time class schedule while working as much as 40 hours a week.

Then she learned she had been chosen to receive a scholarship from the E. Annette Reiger Scholarship Fund, created by Annette and Roger Reiger to support African-American nursing students with tuition costs.

Thanks largely to that help, Edwards will graduate virtually debt-free.

“They’re invested in my success,” said Edwards, who met the Reigers at a scholarship reception last year. “To help someone you don’t even know—that says a lot about their character.”

Edwards continues to work a few hours a week at Harborview as a nurse technician in the trauma/surgery unit. She believes the loss of her father helps her connect with patients and families struggling to face bad news and setbacks.

“God, family—you find out what matters to them and help them find their way,” she said.

She hopes to be a nurse in Harborview’s intensive care unit after graduation.

This month, she has invited the Reigers to join her, her mother and her grandmother at the UW’s graduation ceremonies.

“And I know my dad will be with me in spirit,” she said.

JULIE ROSE

It wasn’t long after Julie Rose started her master’s program at the UW School of Nursing when she began to question her sanity.

She already was working full time as a staff nurse in a hospital cardiovascular unit, and now she was going to school full time—plus enduring a four-hour round-trip commute to campus from her home in Ferndale, Wash.

She has one college-age son at home and an elderly father who lives nearby and relies on Rose for help with medications and other needs.



Julie Rose is a staff nurse at St. Joseph Hospital in Bellingham.

“Free time? I don’t even know what that is,” quipped Rose, 51.

“I wanted that recognition or validation of a more advanced degree that will give me more options with my career,” she said. Yet she admits she wondered how she could possibly keep up that pace to finish the program.

After her first quarter, Rose learned she would receive the Mary and Jim Butler Term Fellowship in Nursing, created by a Bellingham couple who wanted to support UW nursing students. Mary Butler graduated in 1963 with her BSN from the School of Nursing.

The award allowed Rose to cut back to part-time work at St. Joseph Hospital in Bellingham while pursuing her master’s.

She will graduate in June and hopes to become a clinical nurse specialist, a leadership position that combines teaching, research and policymaking and helps bring new evidence into practice in health care.

“I was just blown away” by the generous award, Rose said. “I’m really not sure if I would have been able to finish otherwise—sometimes if you quit and take a break, you don’t end up going back.”

The soft-spoken Rose has grown into a mentoring role for many of her nurs-

ing colleagues, the go-to person keeping them up-to-date with the latest information in the fast-changing health care arena.

“I like research, and I like teaching, helping new nurses come on board and stay current,” Rose said.

Still, Rose isn’t ready to let go of hands-on nursing.

“Having to give that up is a big worry for me—I want to stay at the bedside at least part of the time, even as I mentor other nurses,” she said. “That human connection is so amazing and so rewarding.”

what’s next:

STUDENT SUPPORT

Thanks to support from donors, the School of Nursing provided financial support to about 80 nursing students this year.

Yet the need remains. Ninety percent of UW nursing students work and have families to support. The school is only able to award aid to about half of the students who apply for it. Unmet scholarship need totaled more than \$1.6 million this year.

supporting faculty

Professorships Keep School's Stars Close to Home

BY JOLAYNE HOUTZ

Some of the nation's leading experts on everything from healthy aging to chronic illness care call the UW School of Nursing home.

In the past eight years, 12 new endowed professorships were created through the school's fund-raising campaign to help keep those experts here.

Because of a national nursing faculty shortage, top nursing researchers and educators field frequent offers to relocate to other nursing schools. That competition has compelled the UW School of Nursing to be strategic in finding ways to keep them.

"I've tried to use that money preemptively," said Dean Nancy Woods, so the school's research stars "didn't get on the airplane" to explore other offers.

Three of the school's newest recipients of endowed professorships talk about the difference it makes in their research—and the incentive it creates to stay at the UW.

**ELAINE ADAMS THOMPSON,
THE SANDRA AND PETER DYER TERM
PROFESSOR IN NURSING**

Among the many important things Elaine Adams Thompson has learned in 20 years of working with adolescents as research subjects: It's easier if you feed them.

"Can you imagine working with teens and not feeding them?" she laughs. Yet the federal research dollars that finance her work on risk factors associated with teen suicide are highly regu-

lated; buying pizza isn't allowed.

Thompson was appointed to a term professorship in 2006, a gift from UW School of Nursing alumna Sandra Dyer



*Elaine Adams
Thompson*

and her husband, Peter, honorary co-chairs of the school's Campaign Advisory Board.

The money that came with that appointment "has given me this incredible flexibility" to extend the scope and reach of her research, said Thompson, co-founder of the Reconnecting Youth Prevention Research Program, a school-based program for at-risk youth.

Because of the Dyers' support, Thompson was able to initiate a pilot project in which students from the UW College of Education serve as tutors for students in her research project.

"I was honored in the sense that the Dyers were willing to support not just me, but the project and the school," Thompson said.

The trickle-down effect of Thompson's professorship can be measured in other ways, too.

Thompson has served as vice chair of research for her department, mentoring younger faculty and helping them launch their own research projects.

Thompson calls mentoring "one of the most invisible things we do, but also one of the most important. That's the next generation of nurse educators and leaders."

**JOIE WHITNEY,
THE HARBORVIEW MEDICAL
CENTER ENDOWED PROFESSOR
IN CRITICAL CARE NURSING**

The ripple effect from Joie Whitney's 2005 appointment to an endowed professorship extends all the way down to the bedside of some of this region's most vulnerable patients.

The endowed professorship funded by Harborview gives Whitney a platform from which to reach out to its nurses with her passion: caring for wounds, promoting healing and improving patient outcomes.

Whitney already was working at Harborview as a nurse research scientist before being appointed to the professorship. She spends up to 40 percent of her time there, helping teams of nurses develop research projects.

"Having that recognition and those



Tim Rourke, a registered nurse at Harborview Medical Center, receives research support from Joie Whitney.

resources (from the professorship) has strengthened and enhanced” her relationship with the region’s top provider of charity care, she said.

“It’s a strong incentive to stay here,” Whitney said. “I’m recognized by the school, and it recognizes my role at Harborview. Those are ties that bind. It’s very hard for me to think of leaving.”

The money has enabled her to attend conferences to support nurses she mentors while they present their work.

At any given time, she estimates that as many as 50 nurses are benefiting from her role as consultant and mentor on various projects.

Funds from the professorship also allowed Whitney to further her own research in wound healing—research that has helped change how health care providers care for patients with wounds.

**GAIL KIECKHEFER,
THE JOANNE MONTGOMERY
ENDOWED PROFESSOR IN NURSING**
Part of being a good parent is knowing

how to let go gracefully as children push for independence. But when a child has a chronic health condition such as asthma, parents often are too fearful of the consequences to share control.

Gail Kieckhefer has spent the past 18 years at the UW School of Nursing studying how families cope with childhood chronic illness—and how to help parents slowly hand over management of it to their children as they get older.

“After about 7 years old, you’ve got to include them in the conversation” about their condition and its management, Kieckhefer said.

Kieckhefer’s research has examined the impact of parent education programs and of educating pediatric residents on working effectively with parents of children with asthma.

She also studies the sleep patterns of children with asthma, hoping it will lead to new therapies to improve their sleep.

Last year, Kieckhefer was appointed to a new endowed professorship created by two recently merged biopharmaceuti-



Gail Kieckhefer

cal companies to honor Joanne Montgomery, a critical-care nurse and school alumna (BSN '77).

Those extra resources have allowed

Kieckhefer to broaden her reach. She’s presented her work at both national and international conferences, and she’s been able to more deeply analyze interactions between medical students and patients.

The professorship “was a public recognition of my own sense that my work is important, not only to the field but to this institution,” Kieckhefer said.

When she gets feelers from other schools, Kieckhefer tells them she’s not moveable right now.

“So many things about this are right,” she said. “I could go until I was 100 asking questions that would move nursing science forward and would offer practical help today.”

UW School of Nursing Faculty Support Grows Fivefold

Thanks to the generosity of community partners and individual donors, the school’s support for faculty has increased from three professorships in 2000 to 15 today, including one endowed chair and a rare endowed deanship.

- The Robert G. and Jean A. Reid Endowed Dean in Nursing: Nancy Fugate Woods
- The Elizabeth Sterling Soule Endowed Chair in Nursing: Margaret M. Heitkemper
- The Charles and Gerda Spence Endowed Professor in Nursing: Cathryn Booth-LaForce
- The Aljoya Endowed Professor in Aging: Basia Belza
- The Myrene C. McAninch Term Professor in Nursing: Donna L. Berry
- The Alumni Endowed Professor of Nursing: Bobbie Berkowitz
- The de Tornay Term Professor for Healthy Aging*: Barbara B. Cochrane
- The Ellery and Kirby Cramer Endowed Professor in Nursing: Karen A. Thomas
- The University of Washington Medical Center Term Professor in Nursing Leadership*: Kristen M. Swanson
- The Harborview Medical Center Endowed Professor in Critical Care Nursing: Joie Whitney
- The Susan and Michael Cummings Term Professor in Nursing: Eleanor F. Bond
- The Sandra and Peter Dyer Term Professor in Nursing: Elaine Adams Thompson
- The Kathryn E. Barnard Term Professor for Infant Mental Health*: To Be Determined
- The Virginia and Prentice Bloedel Endowed Professor (UW rotating appointment): Frances Marcus Lewis
- The Joanne Montgomery Endowed Professor in Nursing: Gail Kieckhefer
- The Group Health Endowed Nursing Professor in Chronic Illness Care: Marie-Annette Brown

*These professorships will become endowed after the initial five-year term.

hands-on high-tech hub

Learning Lab Transforms
into State-of-the-Art Center

BY LIA UNRAU

In April, invited alumni and donors gathered at the School of Nursing to watch nursing students practice critical skills, including helping a woman deliver a baby and caring for a patient with breathing problems. But the patients weren't real. They were high-tech human-patient simulators designed to give nursing students hands-on experience before they work with real patients.

The event marked the first time supporters could see the school's learning laboratory since it underwent significant upgrades during the past several months. About 600 students a year now benefit from this state-of-the-art learning laboratory, known as the Center for Excellence in Nursing Education (CENE). To date, donors have contributed \$1.4 million to renovate, equip and

endow the center. From the flooring to the supplies in the cabinets, from the patient monitoring systems to the "stars" of the lab—the \$30,000 patient simulators known as SimMan, SimBaby and Noelle, the birthing simulator—the center now mirrors the real-world environment students will practice in.

"I think it's the hub of nursing education," says the center's new director, Juvann Wolff, a family nurse practitioner with 20 years of experience in private practice. "It's a safe, interactive learning environment where people can explore, take risks and grow. The high-tech computer simulations can be really surprising in their capability and versatility. You can create a patient care scenario with the simulators, give them a diagnosis, change gender and voice

and have them respond to the student actions in real time."

By practicing in a realistic simulation lab before working with real patients, students are able to gain confidence in their abilities, leading to better-prepared nurses and increased patient safety.

In addition to a range of treatment techniques, students learn the whole picture, from greeting the patient by name and hand-washing to practicing critical-thinking and decision-making skills. They learn to prioritize patients, and to communicate with other professionals, including how to hand off to the next nurse at a shift change and how to tell another provider about a potential problem.

"Teachers can really step back and observe students to watch their



Center director Juvann Wolff, left, shows SimBaby to donor Alice Wanamaker.

A Sampling of Center Upgrades

- SimMan and affiliated technology
- SimBaby and warmer, computer
- Noelle (birthing simulator) and newborn
- 4 VitaSim patients that talk and exhibit vital signs
- 5 new Stryker patient beds
- 8 Headwall units for oxygen, suction, electrical outlets
- EKG machine
- Upgraded learning models (arms, eyes, pregnant torsos)
- 8 SpaceLabs patient monitoring systems
- SonoSite ultrasound equipment



Senior Shanna Sierra responds to breathing problems in her “patient,” SimMan.

critical-thinking skills,” says Brenda Zierler, associate dean for Technology Innovations in Education and Research (TIER). “We have an opportunity to look at the way we’re teaching and revise our curriculum to facilitate more hands-on learning.”

In February, nine faculty members attended a conference sponsored by Washington State University where they learned to develop clinical simulation scenarios that translate theory into practice and make the experience relevant to students.

“Now it’s real to the students,” Zierler says, “because you’re discussing the concepts in class and also using them in the lab. The students love the simulation center; they’re requesting more and more of it.”

Says student Kristin Ulstad, who is working on her master’s in nursing education: “Simulation experiences are considered great learning experiences with 100 percent patient safety. You can do things wrong, you can really experiment, correct the mistake and get a much deeper learning.”

The lab is also helping develop advanced nursing skills. Doctor of nursing practice students will be able to practice skills such as suturing and wound care in the lab. PhD students also

benefit—working in the lab provides valuable experience teaching undergraduates and other skills they will take into future faculty roles.

Ellery Cramer, School of Nursing Campaign Advisory Board member and CENE supporter, has been instrumental in the success of the project. “She has spent a lot of time and effort learning what we need and what we want to do,

and then she finds the people that have a similar passion and want to help,” Zierler says.

“The excitement of donors was contagious and inspiring,” says Judith Kelson, director of TIER operations, who was responsible for purchasing much of the new equipment. “We wanted to make decisions that made the most of donors’ gifts.”

Because of the rules governing state institutions, running a simulation center requires donated money. “We could never have built this center without Ellery’s and the donors’ help,” Zierler says. “Our students have benefited, and patients who will receive care from our students will benefit as well.”

The lab also runs interprofessional workshops and is looking at opportunities to partner with Continuing Nursing Education on after-hours classes and to offer more distance learning for rural nurses. “We need to continue to do more interprofessional simulation because that’s how care is provided,” Zierler says.

what’s next:

CENTER FOR EXCELLENCE IN NURSING EDUCATION

To take full advantage of the learning lab’s new technology and potential to enhance nursing education, the school seeks:

- Funding for faculty training to develop new custom teaching scenarios for SimMan, SimBaby and Noelle that are relevant to the curriculum, and to train additional faculty in the simulators’ use.
- An electronic patient medical records system to keep pace with hospitals. Students currently practice charting only on paper.
- A medication station, where students check out medications, and practice medicine delivery techniques and decision making. “This is a real safety issue,” says center director Juvann Wolff. “The more we can teach students in the lab about how to prevent medication errors, the better.”
- Upgraded bedside recording systems for student evaluation, along with a new control room for the instructor.

For information about how you can help enhance the learning lab, contact Chris Miller, assistant director of development, at chrismil@u.washington.edu or 206-221-7674.

cultivating leadership

SoN Seeks to Nurture New Faculty in Face of National Faculty Shortage

BY JOLAYNE HOUTZ

How can the UW School of Nursing keep its rising stars—the new faculty members who will be part of its next generation of nurse researchers and educators?

It's an urgent question: New nursing educators and researchers find themselves being courted aggressively by other schools trying to woo them away.

When Assistant Professor Cindy Perry goes to research conferences, people routinely approach her with their business cards in hand and urge her to consider moving. She gets at least one e-mail a week from headhunting firms trying to fill nursing faculty openings.

"There are so many job openings out there you can choose from," said Perry, who came to the UW in 2005. "In that sense, it is competitive."

And that competition is expected to grow ever fiercer as a wave of retirements continues to deplete the ranks of nursing faculty.

The American Association of Colleges of Nursing (AACN) predicts that for every 10 nursing faculty who retire, only three faculty will be available to replace them.

In that simple statistic lies one of the main drivers of the national nursing shortage—a lack of nurse educators to teach new nurses. Nearly three-quarters



Assistant Professor Cindy Perry, right, counts senior faculty member Kristen Swanson as one of her mentors. Swanson is chair of the Department of Family and Child Nursing and the UW Medical Center Term Professor in Nursing Leadership.

of nursing schools cite faculty shortages as a reason they can't accept all the qualified applicants to their schools, according to the AACN.

To compete in such a climate—and to keep its promising new faculty members from being snatched away—the UW School of Nursing is trying to keep the senior faculty who helped draw them here in the first place.

The school's eight-year fund-raising campaign has raised more than \$33.9 million, with more than \$7 million going to create 12 new endowed professorships to help retain longtime faculty members.

"The first priority for me was not to lose these senior, world-class scholars because they're very important in the mentorship of the next generation of leaders," said Dean Nancy Woods. "That's really why people come here."

Perry is happy at the UW, where her research centers on promoting physical activity in local communities. She's currently working with the Latino community in Sunnyside, Wash., to understand why middle-school students aren't more active and what it would take to get them moving.

What drew Perry to the UW was the school's reputation for supporting newer faculty as well as the caliber of research.

"There are some pretty impressive and well-accomplished faculty here who always take time to help you," she said. "All of that attracted me—seeing how much collaboration there is...and how much senior faculty are devoted to and invest time in helping junior faculty get their research started."

Those senior faculty help create an atmosphere that attracts people to the school, she said.

"Is there an endowed professor who then feels more connected to the school, maybe has more energy or resources to devote to mentoring?" Perry asked.

what's next:

FUTURE FACULTY

To attract and retain promising new faculty members—and help cultivate the school's future leaders—the School of Nursing is seeking donors to fund endowed faculty fellowships.

A minimum commitment of \$100,000 creates a faculty fellowship providing about \$5,000 annually to support a junior faculty member.

A fellowship enables the named professor to enhance his or her research, develop new curriculum, purchase equipment and address other needs not covered by state funding.

New faculty members point to support from junior faculty seminars focused on mentoring, opportunities for interdisciplinary collaboration, and feedback on manuscripts, abstracts and grant proposals as key to their decision to come to the UW.

The school also offers extensive research assistance to faculty through its Office for Nursing Research, and each department has a vice chair of research to help younger faculty members with their research.

Assistant Professor Joachim Voss applied to the top five nursing schools when he was looking for a tenure-track position. He chose the UW in 2006 because it offered a great team of colleagues and the best lab space for his work developing biomarkers for fatigue. He hopes his research will lead to more effective treatment strategies for patients with HIV/AIDS or cancer.

Every week, Voss gets at least two

job offers through recruiting packages, e-mails and phone calls.

He, too, cites the school's collegial environment, research support and focus on mentorship among his reasons for staying, and says the school has supported him "in a big way."

"Everybody gets excited if you have a good idea," he said.

Although the campaign did not directly impact newer faculty, a next step in the school's fund-raising efforts will. The creation of faculty fellowships will help retain and support tomorrow's nursing faculty leaders (see box at left).

But many junior faculty agree they have been affected at least indirectly by the campaign's successes—support for student scholarships and fellowships, for example, that allow students to focus more on the quality of their work and thus enhance the classroom experience for all.

"It lets them be more exceptional when you can provide financial support," said Associate Professor Doris Boutain.

Still, the school is likely to find itself under increasing pressure to figure out how to keep its junior faculty—a study last year by the AACN found nearly 800 faculty vacancies at 344 nursing schools nationwide.

Boutain, who studies health disparities, stress and their impact on disease outcomes and management, said lately, the competition seems to have gotten more intense.

"Last year, I got more offers than I've ever gotten in my life," she said. "And they're getting more creative."

In one case, she was invited to a private luncheon with four other potential nursing faculty recruits. Organizers hand-picked the people invited because their research interests overlapped.

"It's a more personal approach," Boutain said.

a tribute to dean nancy woods

Leadership, Innovation
Mark Decade as Dean

Leading with vision, collaboration and compassion, Dean Nancy Woods has earned the admiration of the greater UW School of Nursing community and beyond.

BY LIA UNRAU

The UW School of Nursing has made enormous strides in building its programs, its reputation and its leadership capacity under Dean Nancy Woods. As she prepares to return full time to teaching and research this fall, her colleagues and admirers say her creativity, collaborative nature and quiet authority have helped position the school for continued success.

Woods' influence is felt particularly through her leadership in advancing nursing education; faculty and research; nursing practice; and financial support of the school. During her deanship, the school maintained its number one ranking, expanded global learning opportunities and established partnerships with area hospitals to improve nursing practice. Under her leadership, the school initiated the Graduate Entry Program in Nursing to fast-track students into an advanced degree program, and it pioneered the Doctor of Nursing Practice (DNP) degree, furthering leadership opportunities for nursing students.

"Nancy has been an absolutely exem-

plary dean," says Phyllis Wise, provost and executive vice president of the UW. "She has cultivated the students to be able to succeed in their very personal ways. She has recruited excellent faculty who are teachers, researchers and people who are engaged in the community. She is a visionary, strategic, compassionate leader. She's an incredible advocate for the School of Nursing.

"Nancy's very highly respected by fellow deans, by the vice provosts, and by myself and the president," Wise adds. "She just has a way of being honest, forthright, open, compassionate. I really can count on her no matter what the question is."

Upon meeting Woods as a UW nursing master's classmate, says Joan Shaver, dean of the College of Nursing at the University of Illinois at Chicago and 1969 alumna, "I quickly saw that she had an extraordinary ability to 'wrap her mind' around a wide body of knowledge and 'connect multiple dots' for new insights. Coupling her strong intellect with being an articulate speaker



*Nancy Fugate Woods, PhD, RN, FAAN
The Robert G. and Jean A. Reid
Endowed Dean in Nursing
Dean, UW School of Nursing, 1998–2008*

as well as facile and prolific writer, she quickly became a recognized expert in women's health scholarship. With these talents, Nancy has built a stunning record of being a sought-after national



Dean Nancy Woods with (left to right) Lorie Wild, chief nursing officer, UW Medical Center; Barbara Trehearn, executive director for nursing, Group Health; and Sue Manfredi, assistant administrator for patient care, Harborview Medical Center.

thought leader in nursing and health care academia, practice and policy circles. Moreover, Nancy is one of the most generous and caring colleagues I know—always willing to share with, give to and mentor others.”

ADVANCING NURSING EDUCATION

Building on the remarkable foundation laid by UW School of Nursing Deans Emeriti Rheba de Tornvay and Sue Hegyvary, Woods significantly expanded the school’s nursing education programs and its focus on global learning and service opportunities.

Notable achievements include growing annual undergraduate enrollment from 64 to 96, launching the Master’s Entry Program in Nursing to speed second-degree bachelor’s students into a nursing career, and creating access to the school’s programs for nurses in underserved areas through distance technology.

As the shortage of nurses deepens, the school’s efforts to educate future faculty in the new DNP and PhD programs have become critical. The DNP program, launched in 2007, is taking off, with some 75 students enrolled and projected enrollment of 80–90 at any one time. The PhD program is also seeing growth.

A successful new partnership with the Providence Everett Healthcare Clinic has created opportunities for School of Nursing students to learn in a nurse-run clinic environment, and for faculty to work on ways to improve education and care for underserved populations.

Growing the Citizens of the World program, founded by Hegyvary, has resulted in nearly one-third of undergraduate students graduating with a study-abroad experience, heightening awareness and sensitivity to diversity among patients. Over the past decade, Woods forged a relationship with Chiang Mai University in Thailand that led to the creation of a quarterlong study-abroad program there, allowing students to take required courses while becoming immersed in a new culture and health care system. The school also now offers a quarter abroad in Costa Rica, in addition to shorter faculty-led service learning opportunities in Guatemala.

STRATEGICALLY EXPANDING THE FACULTY AND RESEARCH

Intense competition for nursing faculty among schools of similar stature posed particular challenges during Woods’ tenure as dean. Yet she handled faculty

Nancy Fugate Woods

UW career:

Joined UW School of Nursing faculty in 1978

Chair of the Department of Family and Child Nursing

Associate Dean for Research

A founding director of the school’s internationally recognized Center for Women’s Health and Gender Research

One of only a few nurses elected to membership in the Institute of Medicine

Former president of the American Academy of Nursing



Education:

Bachelor’s in nursing, Wisconsin State University—Eau Claire

Master’s in nursing, University of Washington

PhD in epidemiology, University of North Carolina at Chapel Hill

Honorary degrees from the University of Pennsylvania, the University of Haifa in Israel and Chiang Mai University in Thailand



a tribute to dean nancy woods

Elaine Adams Thompson, right, the Sandra and Peter Dyer Term Professor in Nursing, holds one of the school's 15 professorships, up from only three a decade ago.

A Decade of Growth at the UW School of Nursing

Under Dean Woods' leadership, some of the school's achievements include:

- Maintaining the school's No. 1 ranking in *U.S. News & World Report*
- Increasing annual undergraduate enrollment by 33 percent (from 64 to 96) in the face of state budget cuts
- Securing nearly \$34 million in private gifts and grants
- More than tripling the size of the school's endowment
- Providing increased financial support to both students and faculty with the creation of 49 new scholarships and fellowships and 12 new professorships
- Introducing a Master's Entry Program in Nursing, with expected annual enrollment of 48
- Pioneering the Doctor of Nursing Practice degree to prepare future clinicians
- Significantly expanding clinical partnerships with area hospitals and clinics
- Providing global health learning opportunities for one-third of undergraduates each year in places such as Thailand, Costa Rica and Guatemala
- Reaching out to nurses in underserved areas with distance-learning opportunities to improve their access to programs
- Renovating the Center for Excellence in Nursing Education learning lab into a \$1.4 million, state-of-the-art facility serving more than 600 nursing students a year
- Enhancing the school's Continuing Nursing Education programs, which now reach more than 5,000 nurses in 47 states, representing 900 employment settings
- Receiving the Robert G. and Jean A. Reid Endowed Deanship in Nursing, a \$3.5 million gift established as a tribute to Woods and only the third endowed nursing deanship in the country

retention and recruitment strategically, not only preserving the school's reputation for scholarly and educational excellence, but managing to increase it. For example, in recruiting faculty, she more than doubled the number of gerontology-focused faculty members, bringing the current total to 16.

She sought out ways to pre-empt a brain drain, looking to partner with hospitals and individual donors to create professorships that would provide resources and greater flexibility for faculty in their research and teaching.

"Developing new endowed professorships...is a forward-thinking step to take—a reflection of Nancy's recognition of the value of our faculty strengths and expertise within the school," says Joie Whitney, the Harborview Medical Center Endowed Professor in Critical Care Nursing.

She supported the formation of four centers of excellence: the Center for Health Sciences Interprofessional Clinical Education and Research, the Center on Infant Mental Health and Development, the Center for the Advancement of Health Disparities Research and the Center for Excellence in Nursing Education. Discovery and innovation are flourishing among all the centers, including the de Tornay Center for Healthy Aging and the Center for Women's Health and Gender Research.

ADVANCING NURSING PRACTICE

Responding to the need to sustain undergraduate enrollments in the face of state budget cuts, and looking for ways to create more meaningful learning experiences for students and to improve nursing practice, Woods has grown the

school's clinical partnerships with area health care organizations. Currently the school partners with eight local organizations through the clinical faculty teaching program, student loan programs and endowed professorships.

She also has expanded the Nursing Practice Advisory Board, made up of the chief nursing officers of regional health organizations, which meets quarterly to bring valuable information to the school about needs and trends in their institutions and the nursing profession. She also created a new position, that of assistant dean for clinical nursing practice, to enhance information sharing and strengthen the bridge between education and practice. Currently six chief nursing officers (CNOs) around the region have been appointed, including Cindy Hecker, of Harborview Medical Center.

"Dean Woods is an incredible inclusive leader, always reaching out to the hospital CNOs for ideas on ways to maximize the UW nursing programs," Hecker says. "She was committed to ensuring that UW nursing students were well-prepared to walk into today's challenging world of health care and to be future nursing leaders."

Charleen Tachibana, senior vice president, hospital administrator and chief nursing officer at Virginia Mason Medical Center, also notes Woods' ability to engage hospitals in raising the level of nursing care. Woods "is extremely collaborative in how we view patient care within this region," Tachibana says. "She understands the needs of health care organizations, and she has been strategic in laying a foundation and a direction for how to train nursing staff in order to meet the needs of our community."

"She's really been able to take a look at those needs to understand changes in technology that nurses are facing, the need to do more collaboration within the health care team, more creative ways on how to educate nurses in the clinical

FUND CREATED IN HONOR OF WOODS WILL SUPPORT WOMEN'S HEALTH

To honor Woods' accomplishments, the school has created the Nancy Fugate Woods Endowed Fund in Women's Health to support research in the area of women's health. Please consider making a gift to this new fund as a tribute to Woods and to support research in this area. Your gift will continue in perpetuity to honor her legacy as dean. To make a gift, please contact Lana Harvey at 206-543-3019 or harveyl@u.washington.edu.

setting," Tachibana says. "She's brought research into hospitals that haven't had an opportunity to do nursing research, but through her openness and that collaborative outreach, they have been able to bring individuals in to assist with that. I think her legacy will be predominantly in terms of a convener and someone who created community in what can be a competitive marketplace."

Woods' influence also extends to the national health care community, through the committees she has served on for the National Institutes of Health and her service to national organizations.

Says Wulf Utian, executive director of the North American Menopause Society (NAMS) and president of the NAMS Foundation, Woods is "blessed with an ability to listen, evaluate, determine the key aspects of an issue, and in the most gracious way, to express an exceptional point of view. She is the perfect person to teach, serve on a board, or to invite an opinion. All these qualities served her well in the years she has been on the boards of the North American Menopause Society and the

NAMS Foundation. Moreover, Nancy Woods and the School of Nursing have been involved in interdisciplinary work on a national level, and their findings have enhanced the health care for women worldwide."

FINANCIAL SUPPORT OF THE SCHOOL

During most of Woods' tenure, the school was involved in an eight-year, \$34 million fund-raising campaign—the largest ever by the School of Nursing—making her accomplishments all the more remarkable.

"What Nancy and Tracy [Ostrem, assistant dean for development] both have been able to accomplish with respect to the campaign has exceeded all expectations," says Eli Almo. Almo and his wife, Rebecca, are UW School of Nursing Campaign Advisory Board co-chairs and co-founders of the Aljoya Endowed Professorship in Nursing. "Nancy is leaving the School of Nursing in such an amazing position, providing for the future of students and faculty with scholarships and professorships. And all of those things came to fruition while she continued to run the school. And the fact that she's going to continue to be involved in the school means that the impact that she's going to have now making many lives better through her work in women's health will impact not only our own community, but people around the world."

Rebecca Almo sums up Woods' fund-raising achievements this way: "The fund-raising campaign is a marker of the stability of the school. And Nancy has increased it fivefold with her leadership. The result has been just so wonderful for the school by deepening relationships and having people become engaged with the school, not only with their financial resources, but also their commitment and passion for all the wonderful things that the school does for the entire world."

UW Web-based Toolkit Aims to Prevent Blood Clots, Improve Patient Safety

Researchers at the University of Washington have developed a Web-based safety toolkit to help providers improve patient care in the prevention, diagnosis and treatment of venous thromboembolism (VTE) or “blood clots” that harm or kill patients.

A VTE is a blood clot that forms within a deep vein, often in the leg. This clot stops blood flow, and if the clot becomes mobile, it may end up in the heart or lungs. According to the American Heart Association, up to two

million Americans are affected annually by VTE, and up to 200,000 die each year from pulmonary embolism, the majority from a blood clot.

Brenda Zierler, associate dean for Technology Innovations in Education and Research at the UW School of Nursing, and her research and clinical teams created two Web-based educational interventions to improve the delivery of safe and quality care for patients at risk for or diagnosed with VTE. The VTE Safety Toolkit features evidence-



Brenda Zierler

based guidelines and recommendations for providers and patients as well as an interactive provider training module on VTE prevention.

The VTE Safety Toolkit centers on multidisciplinary approaches to the prevention of hospital-acquired blood clots, and sets the standard of care for patients at risk for or diagnosed with VTE, says Zierler.

Developed by Zierler’s team of providers from multiple disciplines—pharmacy, medicine and nursing—at the UW, UW Medical Center and Harborview Medical Center, the toolkit provides step-by-step algorithms, guidelines, patient educational materials and recommendations for doctors, nurses, hospital management, patients and others to improve preventive, diagnostic and treatment strategies for VTE. The VTE Safety Toolkit was among the first of 17 toolkits disseminated nationally by the Agency for Healthcare Research and Quality (AHRQ), and it was publicly launched March 12 at the UW.

The AHRQ funded the development and implementation of the VTE Safety Toolkit through a Partnership in Implementing Patient Safety grant. More information on the VTE Safety Toolkit and other toolkit projects can be found at <http://vte.son.wa.edu/>.

—Julian Estrada

THE VTE SAFETY TOOLKIT FEATURES EVIDENCE-BASED GUIDELINES AND RECOMMENDATIONS FOR PROVIDERS AND PATIENTS AS WELL AS AN INTERACTIVE PROVIDER TRAINING MODULE ON VTE PREVENTION.



Watson B. Smith, vascular technologist at UW Medical Center, demonstrates how to use duplex ultrasound to detect a deep vein in the leg and look for a blood clot during the March 12 public awareness event.

Better Living through Videophones and Smart Homes

George Demiris is not trying to re-invent the wheel. Nor the wheelchair, for that matter. He's interested in how technology can become a tool in caring for aging adults.

Demiris, associate professor of Biobehavioral Nursing and Health Systems, researches gerontology and technology. These days, videophones and smart homes occupy most of his research time.

In May, Demiris received a \$275,000 NIH grant, funded by the National Institute of Nursing Research, for a two-year clinical trial of the use of videophones in hospice settings. Demiris refers to the study—"A Technology Enhanced Nursing Intervention

for Hospice Caregivers"—as the telehospice project.

Demiris is looking at how hospices can use videophones to help caregivers—not



George Demiris

patients—through their journey. That's because caring for end-of-life patients is often so stressful that it affects mortality and morbidity rates of caregivers.

Yet scarcity of resources often prevents hospices from offering enhanced services, such as home visits to teach coping skills, targeted at the caregiver.

Enter the videophone. With videophones, hospices can deliver customized, personalized interaction in a cost-

effective way. Videophones also allow caregivers to join interdisciplinary team meetings and discuss patient care with the touch of a button.

Though the study is still in pilot stage—it moves into a clinical trial this summer—early results are impressive. Videophone interaction appears to be decreasing caregivers' anxiety and improving their quality of life.

When he's not investigating videophones, Demiris can be found researching motion sensors. His study, "Elder Centered Recognition Technology for the Assessment of Physical Function," explores technology-for-aging in the context of smart homes.

Within a Missouri retirement community, TigerPlace, motion sensors monitor residents in their homes and detect falls. Data collected from the motion sensors deliver a profile of residents' activity levels; bed sensors monitor quality of sleep by analyzing restlessness, respiration levels and pulse. Demiris and his team are developing algorithms to give that data meaning, which they then provide to nurses in the retirement community.

Sensor-based monitors are already helping nurses address undetected issues. For example, researchers recently noticed one TigerPlace resident was sleeping a lot during the day and was restless at night. The nurse who reviewed the data realized the abrupt pattern changes were due to an incorrect medication dosage, an issue that was easily resolved.



A motion sensor located under a floor mat signals when a resident moves in or out of a chair.

Motion sensors excel at alerting nurses to present issues, but Demiris really hopes to determine if analyzing motion patterns and changes in activity levels can be used, in the future, to predict adverse events and even prevent falls.

The signs are good. Early research indicates that individuals exhibit behavioral changes prior to a medical event such as a stroke or heart attack.

"We don't have clear evidence to say 'if you do X and Y, you're going to have a heart attack,' but you can see if somebody starts a pattern of deterioration," Demiris says.

In the future, Demiris hopes the technology and the patterns the technology identifies can be used as predictive tools, allowing nurses and health care providers to intervene early. Most important, he hopes his research will allow aging adults to live independently at the residence of their choice for longer.

—Julie H. Case

Briefly

BOOTH-LAFORCE APPOINTED TO NEW ROLE

Cathryn Booth-LaForce, the Charles and Gerda Spence Endowed Professor in Nursing, has been appointed acting executive associate dean of the UW School of Nursing, a new position.



Kathryn Booth-LaForce

In her new role, Booth-LaForce will help with the transition this year between outgoing Dean Nancy Fugate Woods and Dean-designate Marla Salmon. Salmon officially becomes dean Oct. 1. Booth-LaForce will become familiar with the school's internal operations, attend meetings and help with administrative needs.

BENOLIEL'S LEADERSHIP HONORED BY HOSPICE GROUP

Professor Emerita Jeanne Quint Benoiel was honored with the 2008 Leading the Way Award at the Hospice and Palliative Nurses Association annual assembly Jan. 31 in Tampa, Florida. Benoiel has played a major role in contributing to the field of palliative care.

A widely recognized leader in hospice and palliative care, Benoiel's pioneering research began with examining the way dying patients were treated and continued as she studied the patterns of communication and behavior around patients at the end of their life. On the faculty from 1970–1990, Benoiel taught many nurses about caring for terminally ill patients. She introduced hospice into appropriate settings by collaborating with groups at the local, national and international level. She was the first registered nurse to be president of the International Work Group on Death, Dying and Bereavement.

SON TO OFFER PROFESSIONAL GUARDIAN CERTIFICATE

This year, the UW School of Nursing, along with the schools of Social Work and Law, is joining forces with the Certified Professional Guardian Board (CPG) to offer a certificate program to better prepare professional guardians throughout the state.

"It became clear to me that the amount of educational preparation that guardians were getting to perform their complex functions was inadequate for the expectations of the guardian role," says Faculty Emerita Ruth Craven, who was instrumental in forming the collaboration.

Guardians manage the legal, financial and medical logistics of incapacitated persons. The guardian also must work together with the debilitated individuals' loved ones, keep up with the ever-increasing complexities of health care, and understand the changes of aging and disabilities.

"Incapacitated people are the most vulnerable of our population," Craven says. "They deserve and require the greatest integrity, trust and commitment we can provide for them." Longer life expectancies and baby boomer demographics create an increasing elder population, and a need to recruit CPGs and train them extensively.

A current CPG board member, Craven realized the partnership potential between the UW and CPG. "Nurses have a vested interest in and commitment to the health and care of incapacitated and vulnerable people," Craven says. "In fact, it is not uncommon for nurses to become professional guardians."

The program includes 90-hour, six-month coursework with an emphasis on ethics. The courses will be taught by certified guardians and other experts at UW Educational Outreach (UWEO) facilities in Bellevue starting in fall 2008. The program is managed by UWEO, one of the premiere professional education programs in the nation.

"The state of Washington is a national leader in providing this kind of education," Craven says. "This is a point of pride for the state, the School of Nursing, and the UW."

More information can be found at http://outreach.washington.edu/ext/certificates/grd/grd_gen.asp.

UNDERGRADUATE RECEIVES SCHOLARSHIP FOR WORK WITH NATIVE AMERICANS



Donna Neagle

Undergraduate nursing student Donna Neagle has been named a 2008 Morris K. Udall Scholarship recipient, and will receive a \$5,000 award.

The Udall Foundation awards 75 scholarships of up to \$5,000 to outstanding students in fields related to the environment, and to Native Americans and Alaskan Natives in fields related to tribal policy or health care. Udall Scholarship recipients are selected based on each student's field of study, career goals, and students' potential to impact their field of study.

The first in a Tlingit family of 13 to go to college, Neagle has been focused on making a difference through nursing.

Neagle initiated a program called the Native American Nursing Project (NANP) to equip and encourage high school Native American students to pursue higher education with a focus on nursing at UW. Neagle went out to high schools, colleges and powwows to recruit students. She brought these students to the UW where they met faculty, staff, nurses and nursing students. The students entered Neagle's one-year mentoring program and have chosen nursing as their field of study.

Neagle plans to earn a doctorate in psychiatric nursing and work with children who have survived abuse.

The Udall Scholarship covers tuition, room, board and a four-day orientation in Tucson, Ariz., where Neagle will meet other Udall Scholars.

SON HONORS 2008 LEADERSHIP AWARD WINNERS

Four women recognized for their work as nurse-leaders and volunteers were honored at the School of Nursing's annual Nurses Recognition Banquet in May.

About 425 nurses and health care leaders attending the event at the Sheraton Seattle Hotel also paid tribute to Dean Nancy Fugate Woods, recognizing her decade of service as the school's dean.

The banquet featured keynote speaker Suzanne Gordon, a journalist and nurse advocate who has focused on telling the stories and addressing the concerns of nurses, caregivers and the health care field.

The Nurses Recognition Banquet celebrates National Nurses Week and four individual leadership award winners for their contributions to nursing.

This year's award winners were:

- *Distinguished alumni award:* Judith Huntington, executive director of the Washington State Nurses Association, has played a pivotal role in creating regional, state and national health policies. Among her accomplishments is serving as a founding member of the state Committee for Affordable Health Care, launching the state's Basic Health Plan. Huntington earned her BSN from the UW in 1968 and her MN from the UW in 1985.
- *Distinguished research award:* Professor Donna L. Berry is one of the nation's foremost researchers in the human response to cancer. Berry, the Myrene C. McAninch Term Professor in Nursing, is

known for her work in studying patient-centered care, treatment decision-making and quality-of-life assessment in cancer patients. Berry holds a clinical appointment with the Seattle Cancer Care Alliance as a nurse researcher, and she has been honored with the Oncology Nursing Society's Excellence



Judith Huntington



Donna L. Berry



Lisa Black



Ellery Cramer

- in Nursing Informatics award. Berry earned her PhD from the UW in 1992.
- *Humanitarian award:* Lisa Black, BSN '93, is a pediatric nurse at Providence Everett Medical Center. As a pediatric staff nurse, she provides nursing care to newborns through teens and support to their families, and she contributed to a groundbreaking initiative to teach computer ordering and charting to hospital staff to increase efficiency. She also volunteers for the Washington Trails Association, leading work groups in trail restoration.
- *Outstanding volunteer award:* Daughter of a country doctor, Ellery Cramer is a steadfast supporter of the School of

Nursing. She serves as a member of the school's Campaign Advisory Board, and together with her husband, Kirby, endowed a professorship in nursing. She also has been instrumental in reaching out to donors to the Center for Excellence in Nursing Education, the school's learning-skills lab.

Many program sponsors also recognized their top nurses at the event.

Sponsors of the 2008 Nurses Recognition Banquet were:

- Gold: Premera Blue Cross; Swedish Medical Center
- Silver: Providence Health & Services; Harborview Medical Center
- Bronze: Children's Hospital & Medical Center; Era Living; Evercare Washington; Group Health Cooperative; Northwest Kidney Centers; University of Washington Medical Center; Virginia Mason Medical Center

SON FACULTY, STUDENTS RECOGNIZED AT WIN MEETING

School of Nursing faculty played key roles at the annual conference of the Western Institute of Nursing (WIN) in April.

Research Professor Martha Lentz was inducted as the new president of WIN. Lentz is co-director, Research Development and Partnership Core, Center for Women's Health and Gender Research.

Pamela Mitchell, professor and associate dean for research, gave the keynote address, focusing on the link between research, education and practice.

PhD student Cecilia Roscigno received the Carol Lindeman award for new researchers, with her research focusing on how children with traumatic brain injury describe their life after injury.

More than a dozen faculty members presented papers or participated in break-out sessions.

A number of SoN students also made presentations or presented posters, including doctoral student Kumin Seo, who won the best poster category for "Coping Effort Scale for Parents of Mentally Ill Youth."

Alumni News

Message Corner

ALUMNA STITCHES 'QUILT OF VALOR'



Patti Taylor with Marine Cpl. Aaron Mankin and his daughter, Maddie.

Former Army nurse Patti Taylor '96 MN has spent years caring for soldiers. So when she learned last year that Marine Cpl. Aaron Mankin, a U.S. soldier badly burned in Iraq, would be coming to UCLA Medical Center for facial reconstructive surgery, she knew just what to do.

She volunteered as Mankin's case manager and summoned her quilting group to make a red, white and blue "quilt of valor."

ALUMNA AND LECTURER VOLUNTEERS IN WEST AFRICA

Gabrielle Seibel '91 BSN, '94 MN, a School of Nursing lecturer and pediatric nurse practitioner, recently returned from a volunteer health-education mission to Liberia.

Seibel was one of 14 health care volunteers with Project HOPE working with their counterparts at John F. Kennedy Hospital in Monrovia. The volunteers also conducted health care education courses and training sessions.

Seibel worked in the hospital's pediatric unit and outpatient clinic, treating children suffering from malaria, meningitis and other diseases. Seibel also helped the staff organize its charting methods.

Seibel previously volunteered with Project HOPE in Mississippi after Hurricane Katrina.

One morning, Seibel led an interactive leadership class for 19 nurses. A Project HOPE blog posting described it like this:

"Gabrielle taught her class in a

"I've spent many years at the bedsides of soldiers," said Taylor, now a clinical nurse specialist with UCLA's liver transplant program. "I know what happens to them when they come back. I make these quilts in appreciation and respect for their service to our country—and to salute their and their families' sacrifices."

Taylor was born and raised in an Amish-Mennonite community in upstate New York. When she was 17, she left her community to join the Army during the Vietnam War. In 1964, she underwent military training at Brooke Army Medical Center in Texas. Some of her first nursing positions were as a combat medical specialist and a scrub technician in the operating room. Taylor later treated the injured in Iraq during the Persian Gulf War.

Taylor left active military duty in 1993. While serving as an officer in the Army Reserve, she earned her master's in nursing from the UW. In 1999, she received an advanced degree in Pacific Lutheran University's family nurse practitioner program.

loud, cavernous hallway at the hospital. Sunlight and heat filled the room as noise from outside construction and people walking by posed challenges. A planned PowerPoint presentation was scrapped at the last minute because of the lack of a projector.

"By not being able to use the PowerPoint, I think I relied more on my listening skills and engaging with the nurses," Seibel said."



Gabrielle Seibel, center, teaches exam skills to Liberian pediatric nurses.

WE WANT TO KNOW...

Don't lose touch. Take a few minutes to share your latest news or memories with fellow alumni. New job? Volunteer work? A special trip? Reunions? Honors? Please send updates and/or your favorite photo, new or old, along with a brief description of who's pictured, the date and the place, and we'll run it in an upcoming issue, space permitting. Please include your name, class year and program, along with your contact information. Send photos and alumni news to Connections, University of Washington School of Nursing, Box 357260, Seattle, WA, 98195-7260; unrau@u.washington.edu; 206-543-3019.

CALL FOR AWARD NOMINATIONS

UW School of Nursing alumni, friends, faculty, staff and other professional colleagues are encouraged to nominate one or more individuals to be recognized at the annual Nurses Recognition Banquet, to be held in Seattle Thursday, May 7, 2009. These awards honor our greater community's outstanding nurses and volunteers who have advanced nursing through their exemplary leadership and commitment to health care. The school will present the Distinguished Alumni Award, Distinguished Research/Faculty Award, Outstanding Nursing Practice Award and the Outstanding Volunteer Award. The nomination deadline is Nov. 2. For details, visit www.son.washington.edu/about/news, or e-mail nsevents@u.washington.edu.

In Memoriam



Marie Cowan

Marie Cowan '64 BSN, dean of the University of California, Los Angeles, School of Nursing, died in February after a long battle with cancer. Among her many accomplishments during her 46-year career: Cowan oversaw the UCLA School of Nursing's return to its high-ranked status, she held the rank of professor in three fields, and her research on cardiovascular science was funded for three decades. Last year, she received the Living Legend Award from the American Academy of Nursing.

Cowan earned three degrees from the University of Washington: a bachelor's in nursing, a master's in biophysics and physiology, and a doctoral degree in biophysics, physiology and pathology. As dean of the UCLA nursing school, Cowan recruited two dozen faculty members, established a bioscience curriculum for the doctoral program in nursing, and worked with faculty to design an entry-level master's program for graduates in other disciplines.



Rudy de Tornyay

Rudy de Tornyay and his wife, Rheba, created the de Tornyay Term Professorship in Healthy Aging, which will become endowed after the initial five-year term. The de Tornyay Center for Healthy Aging, established in 1999, also bears the couple's name, honoring Dean Emeritus Rheba de Tornyay and her lifelong efforts to promote research, training and services for the healthy aging of adults.

Rudy de Tornyay grew up in Vienna, Austria, where he developed a love of

opera. He immigrated to the United States after World War II and met his future wife in San Francisco, where he worked as an agricultural consultant.

To honor her husband's love of opera and the UW, Rheba de Tornyay recently established the Rudy de Tornyay Endowed Fellowship in Opera in the UW School of Music. The scholarship will enable financially needy and talented graduate students to study opera and voice.

Viola Brown Gump '50 BSN '58 MN died Feb. 15 at the age of 80. After graduating from the School of Nursing in 1950, Gump went on to receive her master's in nursing education in 1958 and then taught at the UW until starting a family. She was known as a caring mother and selfless community member, dedicated to her church and planning memorable experiences for her children. She sang in her church choir, served on numerous church committees, and traveled in the United States and Europe.

David Kahn '83 MN, '90 PhD died Feb. 26. A professor at the Washington State University Intercollegiate College of Nursing, he is recognized for his work in qualitative research and the study of suffering, death and dying. Kahn worked as a nurse in hospital, jail and community settings. After receiving his doctoral degree, Kahn taught at the University of Michigan (1990–1993) and at the University of Texas at Austin (1994–2005). During 2005 Kahn took a visiting professorship in Taiwan. He then moved to Spokane and joined WSU's nursing faculty, where he fostered the professional development of many students. He is survived by his wife, Mary Hoenecke '83 MN.

Florence Stroud '56 BSN, '62 MN, the first African American to serve as health director for the city of Berkeley, Calif., died Nov. 6, 2007, at age 73. Born in Oklahoma during the Great Depression, her parents moved their family to Washington, where she went on to graduate from Seattle Pacific University and then the UW. While earning her master's

in nursing, she delivered obstetrical care through a World Health Organization program for Nigerian villages. Stroud then earned a master of public health degree from the University of California Berkeley School of Public Health and taught nursing at the University of California, San Francisco. Stroud served as the deputy director for Community Health Services in San Francisco in the midst of the HIV/AIDS epidemic before antiviral drug combinations were in use. She authored critical guidelines for the prevention of prenatal transmission of HIV and the care of newborns, children and mothers infected with the AIDS virus.

Donna Zimmerman '65 BSN, '67 MN, former instructor at the UW School of Nursing and long-time philanthropist, died Dec. 18, 2007, in Kirkland, Wash., at age 64. After earning her bachelor's in nursing, Zimmerman went on to receive her MN in 1967 and taught at the UW School of Nursing from 1967 to 1970. She was involved in numerous volunteer and philanthropic activities. She founded the Dental Clinic at the Union Gospel Mission and served as a member of its board for 15 years. She went on to start a Spanish language service at her church and tutored preschoolers at Sunday School. Zimmerman also founded El Buen Pastor Charitable foundation to support the Casa Hogar orphanage in Morelia, Mexico.

EDITOR'S NOTE: CHANGE IN CONNECTIONS PUBLISHING SCHEDULE

Connections will go on hiatus in the fall. Watch for a new issue, with a new look, in 2009.

Continuing Nursing Education Calendar

For information about these events or to place your name on the mailing list for continuing education programs, call Continuing Nursing Education at 206-543-1047 or visit www.uwcne.org.

JUNE 17, 2008

Annual Nurse Educators Conference:
Cultivating a Culture of Civility and
Respect in Nursing Education and Practice

JUNE 25 – 27, 2008

Assuring Pediatric Nutrition in the
Hospital & Community

JULY 10, 2008

Advancing Gerontological Nursing

AUGUST 1, 2008

To Err is Human...Ethical Approaches to
Disclosing Medical Errors

AUGUST 6 – DECEMBER 17, 2008

Ostomy Management Education Program

AUGUST 13 – OCTOBER 16, 2008

Wound Management Education Program

SEPTEMBER 12 – DECEMBER 5, 2008

Nursing Leadership & Management
in Long-Term Care

SEPTEMBER 15 – NOVEMBER 21, 2008

Medical Surgical Nursing: Update
for Practice & Certification

OCTOBER 1 – 4, 2008

Advanced Practice in Primary and
Acute Care: 31st Annual Conference

On the Cover

Dean Nancy Woods in the school's renovated learning lab, known as the Center for Excellence in Nursing Education. In the background: Students Kala Mayer, left, and Sophia Lichenstein-Hill tend to Noelle, the birthing simulator.

Photo by Stewart Hopkins.

Register Today for Summer Quarter!

Take a class with us during summer quarter! For the most complete and up-to-date information on class availability and schedules visit: <http://www.washington.edu/students/timeschd/SUM2008/nursing.html>

Registration is EASY! For more information including deadlines and a downloadable summer-only application visit, the Summer Quarter 2008 Web site (<http://www.summer.washington.edu/summer/>). Or to request a Summer Quarter catalog and application call: 206-543-2320, 1-800-543-2320 or TTY 206-543-0898.

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