

King County Youth Services Center Health Clinic Site Information

(FNP, ANP, PNP Clinical practice site)

Located at 1211 E. Alder (intersection of 12th and Alder) just south of Seattle University, the KCYSC Health Clinic provides medical care, referral, and counseling to youth being detained by the County on legal charges or At Risk Youth petitions (Becca legislation). It is a 24 hour clinic within the locked confines of the juvenile detention facility, staffed by King County but with contracts to the University of Washington School of Medicine for medical providers and mental health providers. Its mission is to provide timely, quality care to the detained youth of King County while simultaneously providing an excellent training site for adolescent medicine and adolescent mental health to the respective contractors. Within the clinic you will also find professional Drug and Alcohol evaluation and referral, Homeless Teen Pregnancy Outreach, Primetime (Troubled Youth Outreach), Street Youth Outreach, King County STD Clinicians, and various grant projects directed toward helping youth.

With a nightly census of 80 to 120 youth from all over King County, the clinic client profile to some extent mirrors the client profile at street clinics/homeless youth clinics like Pioneer Square, Post Alley, 45th Street, and Kent Teen Clinics but also includes many youth who would never present to a street clinic or even a Primary Care Provider (PCP) for evaluation. Presenting complaints/problems include trauma (sprains/strains, fractures, K9 bites, lacerations/abrasions, contusions, CHI, and gunshot wounds), infectious disease (Varicella, Strep, pertussis, fungal, viral illness; and sexually transmitted disease: Chlamydia, Gonorrhea, syphilis, HSV, HPV, NGU, HIV), Substance abuse issues (acute intoxication, agitation, abstinence, abscesses, valvular disease, bacteremia), pregnancy, contraception, Pediculosis, chronic disorders (obesity, diabetes, epilepsy, PCOS, congenital and acquired disorders), physical disabilities, and acute dental problems. Of course many of these problems pale next to the family dysfunction, sexual abuse and other social problems these youth are dealing with daily.

Approximately 10-30 youth are seen each weekday on MD/ARNP sick call to evaluate acute problems or to evaluate an admission history of ongoing acute or chronic problems. Additionally, 5 to 10 youth are seen emergently with substance use issues, trauma or acute onset illness daily. STD sick call and mental health sick call sees an additional 10 to 15 youth daily. Providers operate independently with minimal medical technician/nurse aide assistance, performing their own diagnostic testing, treatment and referrals. Consent is obtained from parents or guardians for dependent youth. All radiology is referred to Harborview Radiology or the youth's provider plan with fracture reductions usually performed at the referral site and followed up at King County Youth Services Center. Complete History and Physicals (EPSDT exams) are done on each youth annually.

Wednesday and Thursday 8 hour clinical and Monday or Tuesday afternoons (4 hrs, 1-5pm) are available for ARNP students. Flexibility exists within the available hours. Monday mornings, Tuesday mornings, and Fridays are not available for ARNP clinical (too many medical residents, not enough exam rooms). An excellent on-site medical

library is available, however, this is a busy site and you will need to do some (perhaps significant) outside preparation. You should expect to gain considerable knowledge regarding substance use/acute intervention and clinical evaluation of trauma, develop / improve interaction skills with adolescents, improve your history-taking skills (still the basis of most diagnoses) and experience real-life feed-back on your decisions from your clients, learning how to realistically improve compliance and adapt “what’s available” to “what’s needed”. The usual clinical consists of a few “sick call” visits with the rest of the clinical dedicated to “well child visits / physicals” and any emergent trauma/illness. Your level of experience and your needs will dictate how much is illness visits versus well child visits (which often include significant morbidity). More information can be obtained from Thomas Stone, FNP, via email to stonenp@u.washington.edu or voice mail to (206) 205-9571.